

Unit Outline (Higher Education)

Institute / School:	Institute of Health and Wellbeing
Unit Title:	Physiotherapy Theory and Application 1 (Part 1 of 2)
Unit ID:	NHPPS3008
Credit Points:	45.00
Prerequisite(s):	(NHPPS3015 and NHPPS3415) (NPHPS3403)
Co-requisite(s):	Nil
Exclusion(s):	(NHPPS3007)
ASCED:	061701

Description of the Unit:

This unit is the first of two clinical practice units consisting of 480 hours of professional experience placements, which are designed to set the foundation for learning experiences within health settings. This unit is made up of three 5-week placements in different discipline areas selected from the mandatory placements of acute care, rehabilitation, musculoskeletal physiotherapy, rural care, and virtual care. The total of 15 weeks of supervised professional practice clinical experience will be conducted in clinical settings in a range of public and private healthcare facilities across the state. The virtual care clinic is located in Gippsland. Attendance is mandatory. Students are required to travel to placement and stay at their own cost

Grade Scheme: Graded (HD, D, C, P, MF, F, XF)

Work Experience:

No work experience

Placement Component: Yes - 60 days

Supplementary Assessment: Yes

Where supplementary assessment is available a student must have failed overall in the Unit but gained a final mark of 45 per cent or above, has completed all major assessment tasks (including all sub-components where a task has multiple parts) as specified in the Unit Description and is not eligible for any other form of supplementary assessment.

Course Level:

Level of Unit in Course	AQF Level of Course					
	5	6	7	8	9	10
Introductory	■	■	■	■	■	■
Intermediate	■	■	■	■	■	■
Advanced	■	■	✓	■	■	■

Learning Outcomes:

Knowledge:

- K1.** Evaluate effective nonverbal, verbal and written communication skills with patients, carers and other health professionals.
- K2.** Summarise knowledge of acute-care, musculoskeletal, cardiorespiratory, neurological and rehabilitation pathologies and how to manage them based on physiotherapy principles.

Skills:

- S1.** Demonstrate appropriate professional behaviour in clinical situations including adherence to ethical standards and legal requirements.
- S2.** Demonstrate the ability to safely and competently plan and perform physiotherapy assessment analysis, intervention, evaluation and planning processes.

Application of knowledge and skills:

- A1.** Apply evidence-based practice in the assessment and management of disease, illness and injury across the lifespan and in a range of settings.
- A2.** Consider and apply appropriate team based interventions in the assessment and management of any particular presentation within the clinical setting.

Unit Content:

480 hours of professional practice clinical placement experience

Each five-week block (32 hours per week) of clinical experience provides opportunities to integrate theory and practice. In a wide range of settings, you will be given the opportunity and instruction to develop and refine your clinical and reasoning skills necessary for entry into the workforce. Workbased placements allow the development of competencies required for professional practice, including reflective practice, clinical assessment, intervention skills, professional communication, and self-management. Not only will you practice the skills taught, but you will also continue to develop your professional identity. The physiotherapist educators at various facilities work in close partnership with the university to provide these teaching and learning opportunities and to create highly contextualised learning outcomes for you.

FEDTASKS

Federation University Federation recognises that students require key transferable employability skills to prepare them for their future workplace and society. FEDTASKS (**T**ransferable **A**tttributes **S**kills and **K**nowledge) provide a targeted focus on five key transferable Attributes, Skills, and Knowledge that are embedded within curriculum, developed gradually towards successful measures and interlinked with cross-discipline and Co-operative Learning opportunities. *One or more FEDTASK, transferable Attributes, Skills or Knowledge must be evident in the specified learning outcomes and assessment for each FedUni Unit, and all must be directly assessed in each Course.*

FEDTASK attribute and descriptor		Development and acquisition of FEDTASKS in the Unit	
		Learning Outcomes (KSA)	Assessment task (AT#)
FEDTASK 1 Interpersonal	Students will demonstrate the ability to effectively communicate, inter-act and work with others both individually and in groups. Students will be required to display skills in-person and/or online in: <ul style="list-style-type: none"> • Using effective verbal and non-verbal communication • Listening for meaning and influencing via active listening • Showing empathy for others • Negotiating and demonstrating conflict resolution skills • Working respectfully in cross-cultural and diverse teams. 	Not applicable	Not applicable
FEDTASK 2 Leadership	Students will demonstrate the ability to apply professional skills and behaviours in leading others. Students will be required to display skills in: <ul style="list-style-type: none"> • Creating a collegial environment • Showing self-awareness and the ability to self-reflect • Inspiring and convincing others • Making informed decisions • Displaying initiative 	Not applicable	Not applicable
FEDTASK 3 Critical Thinking and Creativity	Students will demonstrate an ability to work in complexity and ambiguity using the imagination to create new ideas. Students will be required to display skills in: <ul style="list-style-type: none"> • Reflecting critically • Evaluating ideas, concepts and information • Considering alternative perspectives to refine ideas • Challenging conventional thinking to clarify concepts • Forming creative solutions in problem solving. 	Not applicable	Not applicable
FEDTASK 4 Digital Literacy	Students will demonstrate the ability to work fluently across a range of tools, platforms and applications to achieve a range of tasks. Students will be required to display skills in: <ul style="list-style-type: none"> • Finding, evaluating, managing, curating, organising and sharing digital information • Collating, managing, accessing and using digital data securely • Receiving and responding to messages in a range of digital media • Contributing actively to digital teams and working groups • Participating in and benefiting from digital learning opportunities. 	Not applicable	Not applicable
FEDTASK 5 Sustainable and Ethical Mindset	Students will demonstrate the ability to consider and assess the consequences and impact of ideas and actions in enacting ethical and sustainable decisions. Students will be required to display skills in: <ul style="list-style-type: none"> • Making informed judgments that consider the impact of devising solutions in global economic environmental and societal contexts • Committing to social responsibility as a professional and a citizen • Evaluating ethical, socially responsible and/or sustainable challenges and generating and articulating responses • Embracing lifelong, life-wide and life-deep learning to be open to diverse others • Implementing required actions to foster sustainability in their professional and personal life. 	Not applicable	Not applicable

Learning Task and Assessment:

Learning Outcomes Assessed	Assessment Tasks	Assessment Type	Weighting
K1, K2, S1, S2, A1, A2	One of three clinical placement assessments inclusive of learning plans, demographic data and review of placement surveys.	Clinical placement assessment x1	15-35%
K1, K2, S1, S2, A1, A2	One of three clinical placement assessments inclusive of learning plans, demographic data and review of placement surveys.	Clinical placement assessment x1	15-35%
K1, K2, S1, S2, A1, A2	One of three clinical placement assessments inclusive of learning plans, demographic data and review of placement surveys.	Clinical placement assessment x1	15-35%
K1, K2, S1	Reflective journal assignment	Reflective and Demographic submission	10-20%
K1, K2, S1, S2, A1, A2	Placement hurdle (submit all learning plans, and achieve 50% in all individual placements)	Hurdle	S-U

Adopted Reference Style:

APA ()

Refer to the [library website](#) for more information

Fed Cite - [referencing tool](#)